

Nov. - Dec. 2003  
Volume 12

# THE BUGLE BOY



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[www.southcom.mil/usag-miami/Default.htm](http://www.southcom.mil/usag-miami/Default.htm)

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*Please welcome* our new information and referral manager, **Dan Goldberg**. Dan was born and raised in Brooklyn, New York. He attended Kingsborough Community College, in Brooklyn, New York and holds an AS degree in General Education. Dan served in the U.S. Navy as a Radioman in the mid 1970s.

**Ileana Gonzalez-Posada** is our new School Liaison Officer. Ileana has worked in the Miami-Dade County Public School System for 13 years. She holds an MS degree in Reading Education and is presently pursuing postgraduate studies in Educational Leadership. See Kid's Corner for more information on our School Liaison Services.

**The Single Parent Support Group** will meet at 11am on Thursday, 20 November 2003 and 18 December 2003. Workplace Stress Management classes are available upon request. Contact POC: Dana Cekauskas, 305 437-2734 or [cekauskc@hq.southcom.mil](mailto:cekauskc@hq.southcom.mil).

## The Combined Federal Campaign (CFC)

US Southern Command formally announced the start of the annual CFC fund drive on Monday, October 6th. The kick-off event was highlighted with comments by Maj Gen Bishop and the personal story told by special guests, Alex and Miriam Santiago. Alex is a graduate of "Project Thrive" of the Association of Retarded Citizens, a CFC-funded agency.

Our campaign runs through November 15th. Your unit representative can provide you with literature and pledge cards. Names and phone numbers of unit representatives are published on the USAG-Miami website at [http://www.southcom.mil/usag-miami/whats\\_happening.htm](http://www.southcom.mil/usag-miami/whats_happening.htm).

Please take a few moments to complete your CFC pledge card and return it to your unit representative. Those few moments of your time today can mean meals for hungry children, relief for families in need, comfort for the dying, and better lives and renewed hope for millions of people in our global community.

Many thanks to our CFC Kickoff/MWR Showcase Event sponsor, CARDEL HOSPITALITY, for generously providing refreshments.



*(Alex and his mom) photo provided courtesy of United Way*

**Look for the results of the Needs Assessment Survey on the USAG website mid-November.**



### USSOUTHCOM/PWOC

Protestant Women of the Chapel invite you to join them on Thursday mornings at 9:15-11:30 for Bible study. The fall study is *Becoming a Vessel That God Can Use* by Donna Partow. The group meets at Community Christian Church, 155 NW 112 Avenue, Plantation, Florida 33325. Childcare is provided. For more info, please call Stephanie Paul, 954-885-8327 or Crystal Costello 954-689-0282.

# WHAT'S UP at USSOUTHCOM

## MWR Events, Classes & Trips

### NOVEMBER

#### Canoeing At Loxahatchee River

Saturday, 1  
November 8am-?  
\$22, \$5  
transportation



#### 21st Annual 5000 Methodist Meters Coral Gables

#### Ballet for Young People Miami City Ballet

Saturday, 1 November 2pm  
Jackie Gleason Theater  
Drawing for Tickets at ITR

#### DeCa Case Lot Sale

Saturday, 1 November (Last Day)  
USSOUTHCOM Parking Lot

#### Miami City Ballet

#### Balanchine Centennial Celebration

Sunday, 2 November 2pm  
Jackie Gleason Theater  
Drawing for Tickets at ITR

#### CFC Tour to Goodwill

Wednesday, 5 November 9:30am-noon  
Meet at USAG

#### Resume Writing & Interviewing Skills

Wednesday, 5 November 2-4pm  
USAG-M Ed Center

#### Pre-Separation Briefing

(Required prior to TAP)  
Thursday, 6 November 2:30pm-4 pm  
USAG-M

#### Newcomer's Briefing

Friday, 7 November, 8am-12pm  
USAG-M

#### Smooth Move PCS Briefing

Friday, 7 November, 1-3pm  
USAG-M Ed Center

#### Training Holiday

Monday, 10 November

#### Veteran's Day

Tuesday, 11 November

#### Miami Tour

Friday, 12 November, 9am-4pm  
Meet at USAG-M 8300 NW 33rd St  
Ste 110

#### Pre-Separation Briefing

(Required prior to TAP)  
Wednesday, 12 November  
2:30 pm-4 pm, USAG-M

#### CFC Tour to Hewitt Crisis Center

Wednesday, 12 November 9:30am-noon  
Meet at USAG

#### PCS Entitlements

Thursday, 13 November  
USAG-M 2:30-3:30pm

#### Trip to Adventure Island

\$27 adults/\$26 children  
Saturday, 15 November  
8am-?, \$5 transportation



#### Miami Hurricanes v. Syracuse

Saturday, 15 November Time TBA  
Orange Bowl  
\$12/\$30

#### CFC Tour to St. Luke's Addiction

#### Recovery

Wednesday, 19 November 9:30-noon  
Meet at USAG

#### Single Parent Support Group

Thursday, 20 November 11am-12pm  
USAG

#### Commander's

#### Classic Golf

#### Tournament

Friday, 21  
November, 6:30am-2:30pm  
Inverrary  
Sign up by Directorate



#### Foreign Born Spouse Potluck

Friday, 21 November 6pm  
USAG-M Ed Center

#### Miami Hurricanes v. Rutgers

Saturday, 22 November Time TBA  
Orange Bowl, \$12/\$25

#### Waiting Families Support Group

Wednesday, 26 November 12:30 &  
6:30pm, USAG-M Conference Room



**HAPPY  
THANKSGIVING**

Thursday  
27 November

#### Training Holiday

Friday, 28 November

#### The Tale of the Allergist's Wife

Saturday, 29 November 2pm  
Sunday, 30 November 2pm, \$20  
Coconut Grove Playhouse

### DECEMBER

#### Holiday Financial Survival

Tuesday, 2 December 9-10:30am  
USAG-M

#### CFC Tour of Goodwill

Wednesday, 3 December 9:30am-noon  
Meet at USAG-M

#### Resume Writing & Interviewing Skills

Wednesday, 3 December 2-4pm  
USAG-M Ed Center

#### Newcomer's Briefing

Friday, 5 December 8am-12pm  
USAG-M

#### Smooth Move PCS Briefing

Friday, 5 December 1-3pm  
USAG-M Ed Center

#### Pre-Separation Briefing

(Required prior to TAP)  
Wednesday, 10 December 2:30-4pm  
USAG-M

#### PCS Entitlements

Thursday, 11 December 2:30-3:30pm  
USAG-M

#### Miami Tour

Friday, 12 December 9am-4pm  
Meet at USAG-M 8300 NW 33rd St  
Ste 110

#### Holiday Run for Smiles

Coral Gables  
Saturday, 13 December



#### The Nutcracker - Miami City Ballet

Saturday, 13 December  
7:30pm

Jackie Gleason Theater

Drawing for Tickets at ITR

#### Children's Holiday Party

Mid-December - watch the portal

#### Pre-Separation Briefing

(Required prior to TAP)  
Wednesday, 17 December 2:30-4pm  
USAG-M

continued

**DECEMBER continued**

**Single Parent Support Group**

Thursday, 18 December 11am-12pm  
USAG-M

**CHANUKAH**

Friday, 19 - 26 December

**CHRISTMAS**

Thursday, 25 December

**Training Holiday**

Friday, 26 December

**Kwanzaa**

Friday, 26 December-1 January

**Waiting Families Support Group**

Tuesday, 30 December, 12:30 & 6:30pm  
USAG-M Conference Room

**All tickets are non-refundable.**

Check the USSOUTHCOM Portal for MWR Events and Information: <http://scnet/cmd/> (Announcements) and the U.S. Army Garrison web site: <http://www.southcom.mil/usag-miami/Default.htm>.

Miss receiving MWR emails? Send a message to [mwrcustomerservice@hq.southcom.mil](mailto:mwrcustomerservice@hq.southcom.mil) to be added to our email list.

**JOB FAIR**

Over 600 job seekers attended the annual USSOUTHCOM Job/Career Fair held on 26 August at the Metro Dade Fire Fighters Memorial Building. More than 40 employers were represented, including Carnival Cruise Lines, Federal Express, and BellSouth. Many security firms, computer firms, and government agencies participated. The annual fair is designed for military members, veterans, civilians and family members who are seeking employment.



Photos by  
SPC Christopher Allison

**Your ITR Services**

Have you visited the ITR lately? The ITR, (Information, Tickets and Registration) Office, Room #1303A, Headquarters, offers, at discounted prices:

- Seaquarium tickets
- Tickets to local plays and stage productions
- Reservations for all cruise lines
- Florida attractions (Disney, Busch Gardens, Universal Studios...etc.) tickets
- Tickets for some attractions across the USA
- Nationwide hotel reservations
- Restaurant discounts
- Local sporting events (football, basketball, golf...etc) tickets
- Local golf course discounts

POC: Eric Ruiz and Jill Hauser, 305-437-1595.

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Sandra Switzer

[www.mpscu.org](http://www.mpscu.org)

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## Santa is a Smart Holiday Shopper!

*Enjoy the holidays without spending too much. Use these tips to make the most of the gift-giving season:*

- Plan ahead- know what you'll buy and what it costs before you go to the mall;
- Don't go shopping when you are hungry or tired;
- Avoid incurring "holiday debt." Avoid attractive temptations to incur new debt;
- Give kids a family heirloom. You'll be amazed how much they appreciate it;
- Remember, "It's better to give, than to receive," but more importantly, "it's the thought that counts."

Come to our Surviving the Holidays Finance Training 2 December 9-10:30am.  
Call the FSC at 305 437-2665 to register.

## MIAMI CITY BALLET

*The ITR will be holding drawings for Miami City Ballet tickets. Check the portal, <http://scnet/home/> and look under Announcements for details. Performances will be posted individually.*

Saturday, 1 November, 2pm,  
Jackie Gleason Theater  
Ballet for Young People



Sunday, 2 November, 2 pm, Jackie Gleason Theater  
Balanchine Centennial Celebration

Saturday, 13 December, 7:30pm, Jackie Gleason Theater  
The Nutcracker

Friday, 6 February, 8pm, Jackie Gleason Theater  
Giselle

Friday, 12 March, 8pm, Jackie Gleason Theater  
Symphony in C, Nine Sinatra Songs, "Diamonds"

## THE CHILDREN'S HOLIDAY PARTY...

will take place in mid-December. Please watch Announcements on <http://scnet/home/> for further information.

School Calendar Information can be found on the Internet:

•**Broward County:**

<http://www.browardschools.com/calendar/index.htm>

•**Miami-Dade:**

<http://www.dadeschools.net/calendars/2003-04.htm>

and on the US Army Garrison website at

[http://www.southcom.mil/usag-miami/dca\\_programs\\_fsc\\_relocation\\_familymembersvcs\\_schoolinfo.htm](http://www.southcom.mil/usag-miami/dca_programs_fsc_relocation_familymembersvcs_schoolinfo.htm)

## LUNCH FITNESS LECTURES

**November – Basic Fitness.** Learn ways to design your own fitness program and vary your workout routines. You will learn tips for cardiovascular, strength and flexibility training.

**December – Back Talk.** Discover the major sources of lower back problems. Learn exercise and flexibility techniques to improve your low back flexibility and alleviate low back discomfort.

*For times and locations, call the Fitness Center, 305 437-1152.*

## KID'S CORNER

### School Liaison Services

The U.S. Army Garrison-Miami School Liaison Officer (SLO), Ileana Gonzalez-Posada, is available to provide parents with a wide range of resources: support for home school families; address issues with youth registration within the local school system; coordinating education transition related resources and points of contact within school and community; collaborating with parents to ensure academic success; educating parents on local school system policies, procedures and programs and schedules, supplying materials on primary, secondary and post-secondary education. School Liaison Services can provide a wide range of service to youth within the command: outreach events, sponsorship activities, workforce preparation and more. Contact Ileana by calling 305 437-2665.



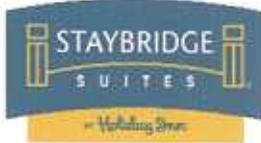
### To report Suspected Child

Abuse/Neglect or Spouse Abuse contact Family Advocacy at (305) 437-2734.

After duty hours contact (305) 437-4900.

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# Spouses Corner

## **USSOUTHCOM Community Information Meeting (SCCIM)**

SCCIM is held the first week of each month Zip Code Coffee Group Coordinators disseminate information from the SCCIM to the zip code coffee groups. All spouses are encouraged to submit concerns/issues to your area zip code coordinator. The purpose is to share ideas and make living in South Florida an enriching experience. Upcoming meetings: 1000hrs, Codina Building Conference Room.

## **Zip Code Coffee Groups POC**

*Kendall, Hammocks, etc.*

Cris Kettle .....(305) 220-9564/(305)279-3637

Debbie Karl .....(305) 233-1767

*Weston, Davie, Plantation, Fort Lauderdale,*

*Coral Springs and North:*

Stephanie Crabb .....(954) 384-8094

Carla Olivo .....(954) 217-9048

*Pembroke Pines, Cooper City,*

*Hollywood and Miramar:*

Annie Rose .....(954) 499-2621

Stephanie Paul .....(954) 885-8327

Ramona Chestang .....(954) 885-9139

*Doral, North Dade:*

Heather Tuttle .....(305) 597-0517

Patsy Barrier .....(786) 845-3073

## **Need To Know Numbers**

### **Directorate of Community Activities (DCA)**

Director, Sheryl Byrd .....(305) 437-2720

Administration, Vilma Lesesne .....(305) 437-2715

Marketing and Sponsorship, Helen Colby .....(305) 437-2639

Website: <http://www.southcom.mil/usag-miami/index.htm>

E-mail: [mwrcustomerservice@hq.southcom.mil](mailto:mwrcustomerservice@hq.southcom.mil)

Toll Free Hot Line: .....1 888-547-4025

### **Substance Abuse Program (SAP)/Employee Assistance**

SAP Officer, Guy Drab .....(305) 437-3078

### **Recreation Division**

Fitness Center .....(305) 437-1152

Better Opportunity for Single Service Members

(BOSS), President SPC Richard Garcia .....(305) 437-1723

Tickets and Tours, Eric Ruiz & Jill Hauser .....(305) 437-1595

Recreation, Stephen Ondrizek .....(305) 437-2726

### **Family Support Division (FSD)**

FSD Officer, Victoria DuBois .....(305) 437-2644

Administration, Damian Perez .....(305) 437-2665

Consumer Affairs/Emergency Financial

Assistance, Richard Zimmelman .....(305) 437-2645

Employment Readiness/Transition

Assistance/Notary, Marva Creary .....(305) 437-2671

Exceptional Family Member/

Family Advocacy, Dana Cekauskas, LCSW .....(305) 437-2734

Information & Referral/Child Care

Subsidy, Daniel Goldberg .....(305) 437-2633

Relocation Readiness, Jennifer Harms .....(305) 437-2723

Volunteer Coordinator, Mary Ortiz .....(305) 437-2667

### **USSOUTHCOM Clinic**

Office hours: 0730-1630

For appointments call .....(305) 437-3559

Services TRICARE enrolled members

TRICARE Service Center

8385 Pines Boulevard .....(954) 443-6793 or

Pembroke Pines, FL 33024 .....1-800-700-8593

Domestic Violence/Child Abuse

John Knoebel .....(305) 437-3072

Family Counseling Center .....(305) 437-3086

Housing Referral .....(305) 437-2656

Education Services .....(305) 437-1141

Carlson Wagonlit .....(305) 437-1746

Veterinary Services .....(305) 437-1304

(POC - Ms. Estes)

Opa-Locka USCG Vet Svcs. ....(305) 953-2195

(POC - SK2 Young)

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Family Support Center  
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