

Army Health Clinic SOUTHCOM Pharmacy Over-The-Counter (OTC) Medication Request

NAME: _____

DOB: _____ DOD ID: _____

MEDICATION	DOSE	QTY	USES
Acetaminophen (Tylenol)	325 mg	50 tablets	Pain reliever/Anti-Fever
Loratadine (Claritin)	10mg	10 tablets	Antihistamine/Allergy
Loperamide (Imodium)	2mg	12 tablets	Gastrointestinal/Diarrhea
Cepacol	N/A	1 box	Sore Throat
Clotrimazole (Lotrimin)	1%	1 tube	AntiFungal Cream
Diphenhydramine (Benadryl)	25mg	24 capsules	Antihistamine
Hydrocortisone Cream w/ Aloe	1%	30 gram tube	Anti-itch steroid
Ibuprofen (Advil)	200 mg	24 tablets	Pain reliever/Anti-inflammatory
Plan B (Levonorgestrel)	0.75mg	1 tablet	Emergency Contraceptive
Pseudoephedrine (Sudafed)	30mg	24 tablets	Nasal Decongestant
Robitussin DM (Guaifenesin/Dextromethorphan)	100mg/10mg	118 ml bottle	Cough suppressant / expectorant
Saline Nasal Mist	0.65%	45 ml bottle	Nasal congestion/ moisturize
Artificial Tears (Liquifilm Tears)	N/A	1 bottle	Dry eyes
Earwax Treatment (Carbamide Peroxide 6.5%)	N/A	1 bottle	Earwax removal
Bacitracin Zinc Ointment	N/A	1 tube	Antibiotic Ointment

Please note these medications are for **short term use**. If symptoms persist or get worse please follow up with a Primary Care Manager (Physician, Physician Assistant, or Nurse Practitioner).

These medications are available to upon presentation of valid ID Card and are limited to 4 items per month.

Must be enrolled and have a Primary Care Manager within the Army Health Clinic SOUTHCOM.