Returning to Work After Flu-like Illness

COVID-19 SOUTHCOM Guidelines

As of 20 OCT

STAY HOME AND DO SELF-CARE

Call your Doctor. Testing Recommended?

NO → Stay at home for at least 7 days since symptoms 1st appeared AND 24 hours after fever stops. Then return to work

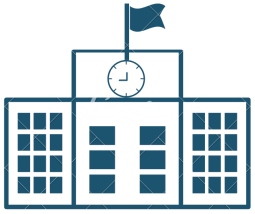
YES → Get tested. Isolate at home until test results come back

Test results?

NEG → Stay at home for at least 7 days since symptoms 1st appeared AND 24 hours after fever stops. Then return to work

POS → Continue to isolate at home. Follow Doctor's orders

Stay at home at least 10 days after symptoms 1st appeared AND 24 hours after fever stops



RETURN TO WORK