

## USSOUTHCOM HQ Post-Travel Risk Assessment

**Note:** *Service Members: Required after all travel*  
*DoD Civilians & Contractors: Required after official travel, encouraged after unofficial travel*

1. Location(s) of travel: \_\_\_\_\_  CONUS  OCONUS
2. Mode of travel (check all that apply):  Air (Direct/NonDirect Flight)  Public Transport  
 Private Auto
3. To your knowledge, did you have close interaction with any person suspected of having COVID-19 related symptoms during your travel?  Yes  No
4. Were there any settings in which CDC guidelines (physical distancing, wearing of a face mask, and consistent hand washing) were unable to adhere to?  Yes  No
5. Have you, traveling partners, or visiting group experienced symptoms consistent with COVID-19 disease or were exposed to someone with COVID-19 during your travel?  
 Yes  No
6. Are you currently experiencing any symptoms of COVID-19?  Yes  No
7. Do you understand that you need to continue to self-monitor for symptoms of COVID-19 and what actions to take if you fall ill? (This includes teleworking & notifying your supervisor.)  
Yes            No
8. Do you plan on testing (or did you test) within the 3-5 day window post-trip? (See below for requirements)        Yes            No
9. If OCONUS travel, do you understand you are federally mandated to quarantine for a minimum of 7 days upon return?        Yes            No            Not applicable

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**Additional Info for Risk Assessment:** [SOUTHCOM COVID-19 Resources \(Guidance & FAQs\)](#)

### **DoD/SOUTHCOM Guidance:**

- Symptoms of COVID-19 or exposure: Individuals will not return to work at the HQ if exposed to COVID-19 or if any symptoms of COVID-19 are present until cleared by proper medical authority.
- **CONUS to CONUS travel:** Adhere to CDC travel guidance. Consider telework & stay home for 7 days based upon exposure risk and test results. The final decision for post-travel ROM is made at the Directorate level.
- **US to OCONUS travel (Foreign):**
  - Post-Travel:
    - Upon return from OCONUS/US Territory travel (official or unofficial), service members are **required** to undergo a 14-day ROM per FHP Supplement #14 . Civilians are **required** to have a 14-day restriction from the workplace upon return from OCONUS locations based upon risk assessment. See Return to Work Guidance (located on the SOUTHCOM COVID-19 Resource Page).
    - Any Exceptions to Policy (per FHP Supplement #8) will be approved at the SOUTHCOM Chief of Staff level.
    - International travelers will observe the **federally mandated** 7 days of self-quarantine.

**Important Additional Precautions for ALL Travelers**

- **ALL travelers:**
  - Wear an approved mask when you are in shared spaces outside of your home
  - If there are people in the household who did not travel with you, wear a mask and ask everyone in the household to wear masks in shared spaces.
  - Stay at home for 14 days after your trip
  - U those you are around for symptoms.
  - Seek testing for any symptoms - even if mild.
- **OCONUS to CONUS testing:**
  - In addition to the test you took to board the plane home to the US, testing is *required* 3-5 days after your trip.
- **CONUS to CONUS testing:**
  - In addition to the test you took before your trip, recommend testing again 3-5 days after trip.

Signature of Traveler

Signature of Traveler's Supervisor

Date of Counseling: