

## USSOUTHCOM HQ Pre-Travel Risk Assessment

**Note:** Service Members: Required before all travel

DoD Civilians & Contractors: Required before official travel, encouraged before unofficial travel

1. Location(s) of travel: \_\_\_\_\_ Within U.S. Foreign Country
2. Mode of travel (check all that apply): ☐ Air (Direct/NonDirect) Public Transport Private Auto
3. Mitigation plan established during travel: ☐ Yes ☐ No
4. Mitigation plan established for lodging: Yes No
5. Mitigation plan established during anticipated activities: ☐ Yes ☐ No
6. Have you discussed your FHP mitigations with the people that you will be traveling/visiting with?  
☐ Yes ☐ No
7. In the last 14 days, have you or any family members/traveling partners, experienced symptoms consistent with COVID-19 disease, or been exposed to someone with symptoms of COVID-19 or who tested positive?  
☐ Yes ☐ No
8. Will you adhere strictly to CDC guidelines before, during, and after travel? This includes physical distancing, wearing a face mask as directed by CDC, frequent hand washing (or use of alcohol-based hand sanitizer), and as needed, getting tested. Yes ☐ No
9. Do you understand how to self-monitor for symptoms of COVID-19 and what actions to take if you fall ill? (This includes how to access medical care through your primary care manager & notifications to your supervisor.) ☐ Yes ☐ No
11. What is your current vaccination status? Partially Vaccinated Fully Vaccinated  
Unvaccinated Date Completed Vaccination Series
12. Are you at increased risk of severe illness from COVID-19? Yes No
13. Have you traveled to a country or U.S. location with high COVID-19 transmission in the previous 14 days?  
Yes No
14. In the last 90 days, have you recovered from COVID-19 infection? Yes No  
*If so, do you have documentation of the test and recovery from a healthcare provider?* Yes No

*See next page for resources to determine travel requirements and risk assessment*

Status of community spread of COVID-19 within travel destination: High Medium Low

Country, state, local travel restrictions:

Testing Required (check all that apply): before trip starts before return to U.S. 3-5 days after return

ROM required (check all that apply): pre-travel post-travel none

\_\_\_\_\_  
Signature of Traveler

\_\_\_\_\_  
Signature of Traveler's Supervisor

Date of Counseling: \_\_\_\_\_

*Additional Info for Trip Planning/Risk Assessment:*

[SOUTHCOM COVID-19 Resource Page \(Guidance & FAQs\)](#)

[SOUTHCOM Travel Restrictions](#)

[SOUTHCOM Travel Approval Authorities](#)

[Medical Resources: If you are sick](#)

[Overseas Travel Testing Fact Sheet](#)

[Return to Work Flowcharts](#)

[CDC COVID-19 Travel Planner](#)

[CDC Travel Recommendations](#)

[COVID Data Tracker by State \(Last 7 days\)](#)

[COVID Data Tracker at County Level \(Search by Zip Code\)](#)

[DoD Dashboards for Base Information \(Travel Scenarios, HPCON Status Map\)](#)

[DoD Foreign Clearance Guide with Theater & Country Entry Requirements](#)

[DoD FHP Travel Guidance](#)

▪ **ALL travelers:**

- Adhere to CDC travel guidance.
- Wear an approved mask per CDC guidance.
- Stay in your room 14 days , unless you are fully vaccinated.
- U those around you for symptoms.
- Seek testing for any symptoms - even if mild - even if you are fully vaccinated.
- Follow host nation, state and local rules.
- Symptoms of COVID-19 or exposure: Individuals will not return to work at the HQ if exposed to COVID-19 or if any symptoms of COVID-19 are present until cleared by proper medical authority. Asymptomatic, fully vaccinated individuals may be exempt from quarantine post COVID-19 exposure.

▪ **Travel within U.S.:**

- Testing for travel within the U.S. is not required per FHP Supplement #20.
- ROM for travel within the U.S. is not required; however if you were in contact with a COVID+ individual or have specific concerns please discuss with your supervisor.
- Comply with all military installation, state and local guidance as well as CDC recommendations.

▪ **U.S. to Foreign Country flight:**

- Test within 3 days of departure; check Foreign Clearance Guide for specific country requirements.
- Those who are fully vaccinated may be exempt from testing, if there is no host nation requirement.
- 7-day pre-travel ROM if not fully vaccinated.

▪ **Foreign Country to U.S. flight:**

- Fully vaccinated test within 3 days of departure for Military, Civilians, Contractors if on official orders. <https://www.cdc.gov/quarantine/fr-airline-faqs.html#exemptions>.
- Not fully vaccinated and anyone not on official orders test within 1 day of departure.
- Test again 3-5 days after your trip, regardless of vaccination status.
- 7-day ROM (with negative test on/after Day 5). Fully vaccinated are exempt.

▪ **Exceptions to Policy (per FHP Supplement #18) for ROM are approved by the SOUTHCOM Chief of Staff.**