

USSOUTHCOM HQ Pre-Travel Risk Assessment

Note: *Service Members: Required before all travel*
DoD Civilians & Contractors: Required before official travel, encouraged before unofficial travel

1. Location(s) of travel: _____ CONUS OCONUS
2. Mode of travel (check all that apply): Air (Direct/NonDirect Flight) Public Transport Private Auto
3. Mitigation plan established during travel: Yes No
4. Mitigation plan established for lodging: Yes No
5. Mitigation plan established during anticipated activities: Yes No
6. Have you discussed your FHP mitigations with the people that you will be traveling/visiting with?
 Yes No
7. Are you, or any family members/traveling partners, currently experiencing symptoms consistent with COVID-19 disease or recently (within 14 days) been exposed to someone with COVID-19?
 Yes No
8. Will you adhere strictly to CDC guidelines before, during, and after travel? This includes physical distancing, wearing a face mask during all portions of trip, consistent hand washing (or use of alcohol-based hand sanitizer), and getting tested. Yes No
9. Do you know the country, state, and local restrictions for your destination? Yes No
10. Do you understand how to self-monitor for symptoms of COVID-19 and what actions to take if you fall ill? (This includes how to access medical care through your primary care manager & notifications to your supervisor.) Yes No

Additional Info for Trip Planning/Risk Assessment: (no federal endorsement)

[SOUTHCOM COVID-19 Resource Page \(Guidance & FAQs\)](#)

DoD/SOUTHCOM Guidance:

- Symptoms of COVID-19 or exposure: Individuals will not return to work at the HQ if exposed to COVID-19 or if any symptoms of COVID-19 are present until cleared by proper medical authority.
- **CONUS to CONUS travel:** Adhere to CDC travel guidance. Consider telework based upon exposure risk. CDC recommends testing within 3-5 days after travel and stay home for 7 days. The final decision for post-travel ROM is made at the Directorate level.
- **US to OCONUS travel (Foreign):**
 - Pre-Travel:
 - 14-day ROM and testing are **required** 1-3 days before all official travel. Travelers must also follow host nation guidance and ensure a testing plan within 3 days of return to US.
 - Service Members will follow service guidance pre-travel ROM for OCONUS leave.
 - Post-Travel:
 - Upon return from OCONUS/US Territory travel (official or unofficial), service members are **required** to undergo a 14-day ROM per FHP Supplement #14 . Civilians are **required** to have a 14-day restriction from the workplace upon return from OCONUS locations based upon risk assessment. See Return to Work Guidance (located on the SOUTHCOM COVID-19 Resource Page).
 - Any Exceptions to Policy (per FHP Supplement #8) will be approved at the SOUTHCOM Chief of Staff level.
 - International travelers will observe the **federally mandated** 7 days of self-quarantine.

[CDC COVID-19 Travel Planner](#)

[CDC Travel Recommendations](#)

[COVID Data Tracker by State \(Last 7 days\)](#)

[COVID Data Tracker at County Level \(Search by Zip Code\)](#)

[DoD Dashboards for Base Information \(Travel Scenarios, HPCON Status Map\)](#)

[Risks & Mitigations to Consider for Social Activities](#)

[Risk Management Calculator \(Factoring in County Rates\)](#)

[DoD Foreign Clearance Guide with Theater & Country Entry Requirements – OCONUS](#)

[DoD FHP Travel Guidance](#)

Important Additional Precautions for Travelers:

- **ALL travelers:**
 - Wear an approved mask when you are in shared spaces outside of your home
 - If there are people in the household who did not travel with you, wear a mask and ask everyone in the household to wear masks in shared spaces.
 - **Quarantine** for 14 days
 - **Use** those you are around for symptoms.
 - Seek testing for any symptoms - even if mild.
- **CONUS to OCONUS official travel testing:** Proof of negative test within 3 days of departure.
- **OCONUS to CONUS testing:**
 - Proof of negative test within 3 days of flight home to US.
 - **Required** testing again 3-5 days after your trip.
- **CONUS to CONUS testing:** Recommend testing 1-3 days before trip and then again 3-5 days after trip.

Signature of Traveler

Signature of Traveler's Supervisor

Date of Counseling: _____